### 1. Personal data

Name (Arabic)	ابتسام محمد عبد العال		
Name (English)	Ebtisam Mohamed Abd-El aal		
Department	Community Health Nursing		
College	Faculty of Nursing		
Academic degree	Assistant Professor		
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Recent Photo (optional)			

### 2. Education

Institution	Degree obtained	Year
Faculty of Nursing,	Bachelor degree in Nursing science	1997
Benha University		
Faculty of Nursing, Benha	Master degree in Community Health	2004
University	Nursing	
Faculty of Nursing,	Doctorate degree in Community	2009
Benha University	Health Nursing	
Faculty of Nursing,	Assistant Professor in Community	2014
Benha University	Health Nursing	

## Language skills (Excellent, Very Good, Good, Basic)

Language	Reading	Speaking	Writing
Arabic	Excellent	Excellent	Excellent
English	Very Good	Very Good	Very Good

#### Academic

### 2.1. Teaching

### 2.1.1. Courses at under graduate level

1. Course name	
Geriatric Nursing	Faculty of nursing ; Third year
Geriatric Nursing	Technical institute of nursing; Second year
Community Health Nursing	Faculty of nursing ; Fourth year
Community Health Nursing	Technical institute of nursing; Second year
Methods of Research	Faculty of nursing ; Fourth year
Strategies of Health Education	Faculty of nursing ; Fourth year
Critical thinking and research	Nursing school ;Third year

### 2.1.2. Courses at post graduate level

2. Course name	
Community studied and problems in Egypt and middle east	Master Degree ( first part )
Community Health Nursing	Master Degree ( second part )
Community Health Nursing administration	Master Degree ( second part )

#### Areas of research

(In Community Health Nursing Department)

## 2.2. PhD/MSc Supervision

	Title	PhD/ MSc	Year completed / in progress
1)	Assessment of mothers care for preschool children with hepatitis (A) virus in rural areas	MSc	2011
2)	Assessment home self care for patient with renal failure	MSc	2011
3)	Assessment of family care regarding their preschool children with parasitic disease in rural areas	MSc	2011
4)	Home care with adolescent with type I diabetes mellitus in rural areas at kaylobia governorate	MSc	2012
5)	Health Practices among Female University Students Regarding Prevention of Reproductive Tract Infections.	MSc	
6)	Nutritional Practices among Female Students at Secondary Technical Nursing Schools A Guideline to Prevent/Improve Iron Deficiency Anemia.	MSc	
7)	Study of Home Care for Older Adults with Cataract and Their Caregiver in Benha City.	MSc	
8)	Nutrition Rehabilitation Guidelines for Hemodialysis	MSc	
0)	Patients in Benha City.		
9)	Effect of Educational Program on Pregnant Women with Cardiac Disease to Improve Health and Outcomes.		
10)	Evaluation of Home Health Care Intervention for Cerebral Stroke Patients and Their Caregivers in Benha City.	Phd	
11)	Effect of Preventive Health Intervention for Dealing with Primary Schools Violence in Benha City.	Phd	

- **2.3. List of Publications (**Authors, Title, Journal/Conference name, pages from to, year, link to full paper)
  - For each paper, you should either attach it in pdf format (name of file is the same as the paper title) or if published online give the URL of the journal or conference where it is published.
- 1- Occupational Hazards: Prevention of Health Problems among Bakery Workers in Benha City
- 2- Occupational Program for Improving Gasoline Workers Health
- 3- Assessment of Mothers Care for Preschool Children with Hepatitis (A) Virus in Rural Areas
- 4- Assessment home self care for patient with renal failure undergoing heamodialysis
- 5- Mothers' Hygienic Practices to Prevent Food Poisoning among their Children.
- 6- Health Practices among Female University Students Regarding Prevention of Reproductive Tract Infections.
- 7- Comparative Study: Nutritional Status of School Children as Perceived by Health Belief Model
- 8- Effect of Geriatric Home on Daily Living Activities of Older Adult.
- 9- Effect of Health Educational Program for Females Blinded Adolescents Students regarding Reproductive Health
- 10- Effect of Self Care Management Program Regarding Fatigue Among Adolescents' Cancer Patients
- 11- Nursing Intervention Program for Tuberculosis Patients by Using Epidemiological Model
- 12-Occupational Health Program on Preventing Hazard among Child Labor
- 13- Diet Behavior Modification of Pregnant Woman with Iron Deficiency Anemia Using Construct of the Trans-Theoretical Model: A Theory-Based Study
- 14- Home Care for Patients with Permanent Pacemaker Insertion
- 15-Quality of Life of Chronic Hepatitis C Patients Adherent to Sofobuvir Based Regimen
- 16- Nursing management protocol for mothers of children having ventricular peritoneal shunt

# 2.4. Attended Workshops, Symposiums, and Conferences

Name of Workshops, Symposiums, and Conferences	Year
Quality assurance and accreditation in higher education at Benha faculty of nursing (December ,2004)	2004
Work shop of national academic reference standers (NARS)2007	2007
Second students conference in Ain-shams University	2008
Third students conference in Ain-shams University	2009
Academic reference standards at Ain- shams faculty	2009
Fist scientific students meeting, Faculty of Nursing, Mansoura University	2009
First annual conference, Beni-Suef university (nursing in upper Egypt)	2010
14 <sup>th</sup> conference of fever and liver disease in Benha	2011
Human relation course about strom your mind	2011
15 <sup>th</sup> conference of fever and liver disease in Benha	2012
Director of strategic planning unit –faculty of nursing	2012
Speaker in seminar entitled 'healthy nutrition in children before school age '	2013
Workshop entitled 'prevention of silent thief Osteoporosis'	2013
Member of strategic planning team – Benha university	2016
Statistical data analysis using SPSS	2014
Research methodology and how to write a protocol course	2015
13 <sup>th</sup> congress of the Egyptian association for the study liver and gastrointestinal diseases	2015
Women's self development program	2015
Write research proposal and world publication	2015
Speaker for 'Strategic planning'	2015
3 <sup>th</sup> conference of Faculty of Nursing Benha University – Nursing toward Globalization	2015
Work shop about Blue print	2016
Speaker 'statistical methods and research'	2016
Workshop entitled 'Raise awareness and capacity building of society organizations on education and health as goals of sustainable development'	2016
Workshop entitled standards for accreditation of higher education facilities and institutes third edition July 2015	2016

First scientific day of nursing administration 'vision 2030 for nursing	2016	
leader and management'		
Coordinator of the visit from 'international institute of education'	2016	
Speaker in art Faculty 'healthy lifestyle and prevention of infectious	2016	
diseases		
Workshop entitled 'Egyptian Information Bank'	2016	
Speaker at workshop entitled 'smoking and negative effect on health and	2017	
its relation by disaster'		
Workshop entitled 'Fighting corruption'	2017	
Session chairperson at The 4 <sup>th</sup> annual and 1 <sup>st</sup> international scientific	2017	
conference of the faculty of nursing Benha university entitled 'nursing in		
generation Y challenges and opportunities		
Training session entitled 'Follow up the implementation of the university	2018	
plan and proposals for increasing achievement'		
Training session entitled 'Mechanisms for evaluating and improving the		
achievement of the strategic plans of the Faculties of the University'		
Session chairperson at 5 <sup>th</sup> scientific and 2 <sup>nd</sup> international nursing		
conference, Benha university, entitled New advances in nursing science		
and practices 'nursing vision 2030'		

### **Positions**

	Date From - to	Organization	Country	Position	Role
1	2018	Benha university	Egypt	Member of the central team of strategic plan	Member
2	2018	Benha university	Egypt	Vice chairperson of awareness committee of the central team of strategic plan	Vice chairperson
	2017	Benha university	Egypt	Technical Support Team for Strategic Planning of the University	Member
2	2017	Faculty of Nursing	Benha City	Director of strategic planning Unit	Director
3	2016	Faculty of Nursing	Benha City	Chairperson of Community Health Nursing Department	Chairperson
4	2015	Faculty of Nursing	Benha City	Chairperson of second year control	Chairperson
	2014	Faculty of Nursing	Benha City	Director of Quality Assurance Unit	Director
5	2013	Faculty of Nursing	Benha City	Vice director of Quality Assurance Unit	Vice director
	2010-2012	Faculty of Nursing	Benha City	Director of Community Services Unit	Director
6	From 2008	Faculty of Nursing	Benha City	Lecturer of Community Health Nursing	Lecturer

### **Thesis:**

- 1-Abd Elaal E. 2008, Health Educational Program to Improve Quality of Life among Female Adolescents' Students at Benha City, Doctorate, Benha University, Faculty of Nursing.
- 2- Abd Elaal E. 2004, Study of Nutritional Problems among School Adolescents in Kalyobia Governorate, Msc. Thesis, Benha University, Faculty of Nursing.